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RELEASE THE HOUNDS

**Feds using
'canine control'
to deal with
crop-eating geese
at Experimental Farm**
metroNEWS

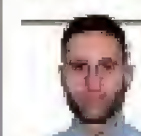


ISTOCK

Jail death probed

INNES ROAD

**Details sparse
on why inmate
collapsed**



**Joe
Lofaro**
Metro | Ottawa

The province is investigating after an inmate at Ottawa's Innes Road jail died Tuesday morning.

The Ministry of Community Safety and Correctional Services confirmed in an email that an inmate died in the jail, but would not provide any details surrounding the circumstances of his death.

"As you can appreciate, with the police, coroner and ministry performing investigations, it would be inappropriate to provide any details related to this incident," the ministry said in the email.

"Should the coroner determine that the cause of death was anything other than natural causes, the coroner will call an inquest. Should the death be deemed due to natural causes, the coroner may call an inquest at their own discretion."

Ottawa paramedics received a 911 call from the jail at approximately 10 a.m. for a male that had collapsed.

Spokesman J.P. Trottier said paramedics treated a man believed to be in his mid-50s, who was without vital signs. He was sent to hospital where he was later pronounced dead.

Warren "Smokey" Thomas, OPSEU president, was trying to confirm details about the incident when reached by phone Tuesday afternoon. He said the union was told the inmate died of natural causes.

"My heart goes out to the family of the person that died," said Thomas.

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Premier Kathleen Wynne addresses Liberals and party donors at the 2015 Ontario Liberal Party Heritage Dinner, their biggest fundraiser of the year. STEVE RUSSELL/TORSTAR NEWS SERVICE

Wynne to shift donation rules

POLITICS

Critics call for outright ban on corporate, union cash

Ontario plans to tighten its rules on political donations starting this fall, but there is no commitment for an outright ban on contributions from companies and unions.

Premier Kathleen Wynne said Tuesday that the Liberal government will propose new rules to move away from corporate and union donations to political parties, which are banned at the federal level.

"The government will bring forward a plan in the fall, and that will include ... transitioning away from corporate and union donations, lowering the annual donation limit, and at the same time keeping the transparency measures cur-

rently in place on real-time reporting," said Wynne.

There will also be new rules on so-called third party advertising, which allowed some unions to join forces in the past few Ontario elections to outspend all the political parties with attack ads that targeted the Progressive Conservatives.

Wynne said some changes will be in place before the next election in 2018, but "probably not" all of them because there will have to be a transition

period to allow political parties time to adjust to the new rules. Ontario needs to catch up with other provinces when it comes to regulating political donations, she added.

"We need to change those rules as the social mores change and as the expectations of the public change," said Wynne.

The premier refused to confirm reports that her cabinet ministers have been given fundraising targets of \$150,000

to \$500,000 annually.

"What's very important is that we understand what the rules are and that the people who need information — and in this case I would say the public — about who is donating and what the interaction is, that that is available," she said.

The Progressive Conservatives said no one should hold their breath waiting for the Liberals to change the donation rules, and lashed out at the alleged fundraising quotas

for cabinet ministers.

"The government should understand that democracy cannot be purchased, and that's what we've been seeing in Ontario under Dalton McGuinty and Kathleen Wynne," said PC critic Monte McNaughton.

Green Party of Ontario Leader Mike Schreiner said he wants a firm commitment from Wynne to ban corporate and union donations to political parties. THE CANADIAN PRESS



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More time for input on road widening

PUBLIC FEEDBACK

Comment period longer on Airport Parkway plans

Residents have been granted an extension, giving them more time to share their thoughts on new design components unveiled in the city's recommended

plan for the Airport Parkway widening.

The community initially had until March 24.

However, River Coun. Riley Brockington said so much new information was presented March 10 during the city's third and final public open house that a bigger window of opportunity to comment was needed.

The new deadline is now April 7.

"I absolutely insisted that

there be more time for the public to reflect on what's being proposed and to provide comments," Brockington said.

"The turnaround time was completely unacceptable."

Some very extensive changes for the plan were presented during the recent open house.

Those include a roundabout

"The turnaround time was completely unacceptable."

Coun. Riley Brockington

on Walkley Road West where a southbound off-ramp would allow motorists to exit onto Walkley, as well as new plans to shift the construction of the parkway's two new lanes to the east away from residents' homes.

The community was also presented with a redesign of Walkley Road

West.

Those features include transforming two lanes of traffic into dedicated turn lanes in the approach to McCarthy Road, and elongating one of those lanes, as well as adding concrete medians at two locations.

Some of these new design components are not sitting well with local residents.

Many are concerned over the projected increase in traffic a new parkway off-ramp will dir-

ect onto Walkley, which they believe won't be able to accommodate that kind of traffic volume, Brockington said.

City staff and project consultants have said Walkley can, in fact, handle an increase during peak afternoon commute times.

Staff plan to present their report on the results of the environmental assessment study of the widening to the city's transportation committee in May or June.

ERIN MCCracken/METROLAND MEDIA



Public Health nurse Suzanne Rowland tells Rideau-Vanier Coun. Mathieu Fleury how to fill in form for an STI urine sample at the University of Ottawa.

LUCY SCHOLEY/
METRO

POST-SECONDARY EDUCATION

This pissing contest is for public health



Lucy Scholey
Metro | Ottawa

It was far from homecoming, a hockey game or orientation week, but four college and university campuses hosted a different kind of student rally on Tuesday.

The University of Ottawa, Carleton University, La Cité and Algonquin College tried to out-pee each other in one day.

Ottawa Public Health was encouraging students to "pee to see" — that is, provide urine samples to test for chlamydia and gonorrhea. Each school was also trying to break the Guinness World Record for the highest number of urine samples in 24 hours in one venue.

As of Tuesday morning, the University of Calgary's Wellness Centre held the record

with 502 tubes of the yellow stuff.

"This year, we thought, 'OK, let's take a new angle, make it more fun, de-stigmatize ... getting tested for an STI,'" said Christiane Bouchard, project officer with Ottawa Public Health. "It's OK. It's normal."

And the students stopping at the sign-up tables in between classes at the University of Ottawa seemed on board.

"I think that some people are uncomfortable with it, but I think it should always be encouraged," said first-year student Fiona Macdonald.

Last year, Ottawa Public Health reported more than 3,387 chlamydia cases and 331 gonorrhea cases. The vast majority — 77 per cent — were among youth aged 15 to 29. That's largely because that demographic is generally more sexually active, said Bouchard.

TECHNOLOGY

Instagrammers getting exclusive museum access

The Canadian Museum of History and the Canadian War Museum are launching Instagram accounts this week to coincide with international Museum Week.

Local "instagrammers" are being invited into the museums this week to take photos before the sites open to the public. The mu-

seums are borrowing the concept for the #EMPTY events from museums worldwide.

"They can snap photos and not worry about people and crowds," said spokesperson Avra Gibbs Lamey. "We're hoping we get some unique views and some new ways of looking at the museum."

HALEY RITCHIE/METRO

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Arts Place funds music program

PROJECTS

Orléans musician leading vocal lessons

The halls at the Centre Réveil, a Francophone church in Orléans, were mostly quiet last week.

But turning down one of the quiet halls, the silence was interrupted by a chorus of voices singing an upbeat song and a man's encouraging shouts. Through the door, a group of singers could be seen dancing in their places as they sang.

Inside the former classroom at the Orléans church, Orléans resident and Francophone musician Abel Maxwell has been leading a group of singers in weekly music classes.

Maxwell submitted a proposal to receive Arts Place funding through the Arts Ottawa East

(AOE) Arts Council, which has its head office nearby at the Shenkman Arts Centre, to offer the music classes at the church.

He was granted funding to run the program, which was set to wrap up with a performance at the church on March 27, and with a free show in Ottawa on April 2.

"There are a lot of young people who are gifted, but they don't have the opportunity (to get involved)," Maxwell said. "This is a space for them to flourish."

The group also includes some new Canadians who may not have ever had a chance to be in a performance group before.

"Most of them have never been on the stage," Maxwell said. "It's just like a melting pot. We're bringing everyone together."

He said the group has singers who hail from Haiti, Burundi, and Madagascar.

The Francophone music

“Most of them have never been on the stage.”

Abel Maxwell

group at Centre Réveil was just one of several groups who received funding from Arts Place, a program that administered funding from a number of partners and sponsors.

Other projects included Shenkman-based Tara Luz Danse leading dance workshops for seniors at the Wabano Centre for Aboriginal Health, and artist Alisdair MacRae who ran visual art workshops at the Salvation Army Ottawa Booth Centre for the homeless.

Final projects will be showcased at Gallery 101 at 51 Young Street on April 2 from 2 p.m. to 4:30 p.m. at a free show.

BRIER DODGE/METROLAND MEDIA



Orléans' Jessica Akplogan, 21, right, sings during an Arts Place session with Abel Maxwell at Centre Réveil, a Francophone church in Orléans. BRIER DODGE/METROLAND MEDIA

EDUCATION

Teachers' sick days cost school boards \$1B: Report

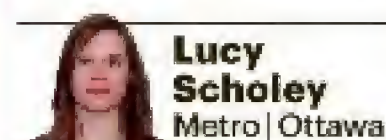
A published report says Ontario teachers' sick days cost school boards nearly \$1 billion last year.

The Globe and Mail reports that the not-for-profit School Boards' Co-operative found that the average number of sick days teachers and education workers took last year was significantly more than four years prior. In 2012, the Ontario government took away teachers' ability to bank unused sick days and capped the number of sick days they could take at full pay at 11.

The Globe reports that School Boards' Co-operative found that teachers and education workers took an average of 10.29 sick days each last year, up from 8.86 days four years ago. Premier Kathleen Wynne did not respond directly to the report Tuesday, instead talking about the money the government saved by ending the practice of banked sick days. THE CANADIAN PRESS

RIDEAU CARLETON RACEWAY

Workers ramp up protests



After little more than 100 days, the union representing scores of locked-out workers at the Rideau Carleton Raceway ramped up protests on Tuesday.

The Public Service Alliance of Canada (PSAC) led demonstrations at the Ottawa offices of three local Liberal MPPs, calling the province to stop privatizing the Ontario Lottery and Gaming Corporation (OLG).

In total, 124 housekeepers and slot-area cashiers have been without a contract since Jan. 1, 2014.

The employees claim they have not received a wage increase since 2009. They are asking for a higher increase than 1.75 per cent over three years. PSAC also claims the workers' pensions are at risk if the province privatizes the OLG.

"You'll have someone like Donald Trump coming in ... taking over all of the Ontario casinos and then saying, 'Well it goes into his bank account before going to the province of Ontario,'" said PSAC spokesman Larry Rousseau.

When talks resume on Wednesday, a conciliator will be on hand to moderate the ne-



Locked-out Rideau Carleton Raceway employees protest outside a Liberal MPP's office on Tuesday. CONTRIBUTED

gotiations between the OLG and the workers. Last December, an OLG spokesperson said the Crown corporation had requested a conciliator, but the employees opted for a strike vote.

That spokesperson also said a private sector buyer would be contractually obligated to continue offering a pension plan to employees transitioning from the OLG.

Ottawa Centre MPP Yasir Naqvi was at another event when the protesters showed up at his door on Tuesday (they also went to Ottawa-Vanier MPP Madeleine Meilleur's office and that of Ottawa South

MPP John Fraser, who came out to speak with protesters), but he later said he hoped the mediator would finally settle the matter.

"I have spoken to (the protesters) representatives in the past and my message has been the same: to encourage them to be back at the negotiating table to work out an agreement that works for both sides," Naqvi said.

The Rideau Carleton Raceway has been operating on reduced hours since the labour dispute heated up about three and a half months ago.

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Dogs, like this one seen at Toronto's Humber Bay East, could be used to herd geese at the Experimental Farm. MICHAEL ROBINSON/TORSTAR NEWS SERVICE

Goose control goes to the dogs

WILDLIFE

Scientists look to protect crop research from hungry birds



Haley Ritchie
Metro | Ottawa

Canadian geese returning to Ottawa are hungry for knowledge — but researchers at the experimental farm aren't interested in handing over their crops.

While the City of Ottawa struggles with copious amounts of fowl poop in waterfront parks, the federal government is dealing with a different goose problem at the Central Experimental Farm.

On Tuesday, the department of Agriculture and Agri-Food Canada put out a tender requesting applications for "canine control" of the goose population on the farm.

"The geese come and eat our crops and our scientists work hard on developing those crops. For them to lose that research can really slow down their efforts," said Marc Savard, associate director of research and technology in Ottawa.

"We tried to figure out a way to solve that for years and ... the best way was dogs," he said. "In the country you can use loud noises, but you can't really do that in the city setting."

Unlike fireworks, alarms or chemicals, the specially trained dogs are quiet and don't harm the geese.

"The dogs are trained not to touch the geese, they just chase them away," said Savard. "When the story came out a few years ago people said, 'Oh take my dog, he'll chase them.' Except that the dog would probably catch the goose and eat it, and there would be problems with that."

The usual cost of hiring the dogs and their handlers is \$50,000 to \$60,000 each year. Savard said considering the value

“

In the country you can use loud noises, but you can't really do that in the city setting.

Marc Savard

of the research being done, the goose-control measures are a good investment.

The City of Ottawa has a different goose problem and is still trying to find a solution to prevent the geese from covering waterfront parks with their droppings.

Last year a pilot project on Petrie Island used a mix of dogs, drones and egg destruction to control the population but the methods were too expensive to expand to other parks.

City staff estimated last fall that implementing a geese management program would cost around \$70,000 over the next two years.

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Protected cycle track set for Mackenzie

TRANSPORTATION

Province and even the U.S. to chip in funds



Emma Jackson
Metro | Ottawa

The province will kick in \$325,000 for a protected cycle track along Mackenzie Avenue.

Ottawa-Centre MPP Yasir Naqvi gathered politicians and policy makers from the city, NCC and the U.S. embassy to announce the funding, which will come from the province's \$10-million pot of cycling money.

"It comes down to building the kind of quality of life that we all want in the national capital," Naqvi said.

The 400-metre bi-directional track will run between Rideau

and Murray streets, with added security measures in front of the U.S. embassy. It will be protected by a combination of bollards and curbs and will link to the NCC's riverfront paths.

Eventually, it will form part of a larger loop through the tourist district, passing in front of Parliament and through downtown Gatineau.

All in, the project should cost about \$5.5 million, according to the NCC, but it's not clear yet

exactly how it will be divided.

The U.S. embassy will pitch in, too — a feat that deserves "an honorary Order of Canada," Mayor Jim Watson joked.

"(Ambassador Bruce Heyman) went down to Washington ... and somehow managed to convince them to put money into a municipal cycling initiative," Watson said.

Construction will start this spring and should wrap up by November.



Mayor Jim Watson, right, and Coun. David Chernushenko ring bells in celebration of the announcement. EMMA JACKSON/METRO

ENTERTAINMENT

Success in the cards for Pellegrini Opera

Ashley Moffatt
For Metro | Ottawa

Singing, acting — and tarot cards? Ottawa's only full-production opera is still putting out new, unique plays. In April, Pellegrini Opera presents its version of Verdi's *Rigoletto*.

The opera will have a tarot-card theme, with giant cards that will be turned during key moments.

"I've built giant tarot cards out of doors," said Vincent Thomas, the show's stage director. He got the idea when he saw an oil painting of his mother on stage.

"I thought it would be really cool to have real art designed," said Thomas. "I would have loved to actually hire a real artist to do oil paintings of the

actors in the show. But the cost, unfortunately, exceeded our capacity. So that evolved into the tarot cards."

Thomas says Pellegrini's success as Ottawa's only operating full-production opera is due in part to the close attention paid to what is — and is not — possible to pull off.

"We don't bite off more than we can chew," said Thomas. "From an artistic standpoint it can be sort of frustrating ... but fiscally speaking we've been really careful and have been able to keep our head above water."

The shows they choose are also part of their success. This production in particular has something that even people who don't like opera can enjoy.

"I can guarantee there will be music in there that people recognize," said Thomas.



Susan Brown, one of the stars of the opera, which features a prominent tarot-card theme. COURTESY PELLEGRINI OPERA

HYDRO OTTAWA

Utility fined over fatal power-line accident

Hydro Ottawa has been fined \$225,000 after a worker was electrocuted near Barrhaven four years ago.

One worker was killed and two injured while a sub-contractor was installing new hydro poles and wires near active power lines on Moodie Drive in March 2012.

When the boom of a work vehicle got too close to the

line, the three workers received electric shocks, one fatally.

Hydro Ottawa was found guilty of failing to keep equipment far enough away from a live power line, failing to have a trained worker monitoring the distance and failing to take reasonable precautions to protect workers.

Hydro Ottawa will also pay a 25 per cent victim surcharge. EMMA JACKSON/METRO

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SAY IT WITH FLOWERS

Sending a message of hope with the beauty of blooms.

Spring is the season of rebirth and renewal, of hope for brighter days ahead. For 60 years, the Canadian Cancer Society has used one of the first-blooming spring flowers, a yellow daffodil, as a symbol of strength and courage for people living with cancer.

During the 1950s, the charity's volunteers started to use daffodils as decorations at fund-raising tea events. At the time, cancer was a disease that people only whispered about. A group of Toronto volunteers wanted to show support for patients by bringing cancer out of the shadows. They spread the message by handing out daffodils to patrons of local restaurants. When people wanted to pay or make a donation for the flowers, the charity realized that the little yellow bloom could also be a powerful fundraiser.



In the years since, the daffodil has become a symbol of cancer awareness — so much so that in 2000, the Canadian Cancer Society adopted it as its logo.

In Ontario, Loblaw Companies Limited is the Canadian Cancer Society's official fresh daffodil retail partner. Through this partnership, fresh daffodils will be sold exclusively at Loblaw's, Zehrs, Valu-mart, Real Canadian Superstore and Your Independent Grocer stores across the province between March 31 and April 14 (or while supplies last). For every bunch or pot sold, \$2 will be donated to the charity. Money raised during Daffodil Month goes toward life-saving research and essential support programs for those living with cancer.

Virtually everyone has been touched by cancer, either personally or by association. Two out of five people are expected to develop the disease during their lifetimes, and one in four is expected to die from it.

BUYING FRESH OR POTTED FLOWERS DURING APRIL

means more than just a monetary donation: it is a symbol of support for all those who are living with cancer. To learn more about Daffodil Month or to make a larger gift, visit cancer.ca/daffodil.

answered all my questions and even referred me to some helpful services right in our community."

Jennifer Wiernikowski also knows the value of the service and has recommended it to many of her patients. Wiernikowski is a nurse practitioner at the Juravinski Cancer Centre in Hamilton and member of the Canadian Association of Nurses in Oncology.

"I encourage all my patients and their families to call the Cancer Information Service," says Wiernikowski. "This service is a trusted source of information and support. The staff take as much time as needed to make sure people get all of their questions answered, even the ones they didn't even know they should ask."

To contact the Cancer Information Service, call 1-888-939-3333 or visit cancer.ca.

MOST COMMONLY ASKED ABOUT TYPES OF CANCER AT THE CANCER INFORMATION SERVICE

1. Breast
2. Lung
3. Prostate
4. Colorectal
5. Cervical

DON'T FACE IT ALONE

The Canadian Cancer Society's free Cancer Information Service helps patients and families feel informed and supported.

The way Canadians consume health information has evolved over the years. Twenty years ago, when the Canadian Cancer Society launched its Cancer Information Service, inquiries came by phone, with staff answering questions and mailing out brochures to patients and their families. Nowadays, people send email and access the Society's website, cancer.ca, which is jam-packed with anything you ever wanted to know about cancer.

The demand for cancer information is poised to climb even higher as the country's aging population drives an expected surge in cancer cases. A new survey commissioned by the Canadian Cancer Society shows that nearly half of all Canadians have sought out information about cancer, with 85 per cent first turning to the internet. Two-thirds said their online searches left them feeling overwhelmed and stressed out.

"Facing cancer is hard. People have many worries and questions during what may be the most stressful time in their lives or the



lives of a loved one," says Laura Burnett, director of the Canadian Cancer Society's information and support programs. "It's easy to become overwhelmed. Don't face cancer alone. Instead, we urge people to contact our free Cancer Information Service."

Since 1996, the Canadian Cancer Society has answered more than 1.2 million ques-

tions from people all over the country. Flynn deHamilton called the Cancer Information Service after a close friend's mother was diagnosed with advanced lung cancer.

"My friend really needed support and I personally didn't know how to give her the support she needed," says the Oakville, Ontario native. "The Cancer Information Specialist



Love and honour

Show your support for people living with cancer.

We often feel helpless when a loved one is diagnosed or passes away from cancer. We want to do something but often don't know where to begin. In this struggle, even the simplest gestures can have a huge effect on funding research and letting people living with cancer know that they are not alone. Here are ways you can help:

1. BUY DAFFODILS

Since the 1950s, the Canadian Cancer Society's sale of daffodils has come to stand for strength and courage in the fight against cancer. Money raised through these efforts funds life-saving research and support programs such as rides to treatment. Daffodils are available at retail locations, including Loblaw's, Zehrs, Valu-mart, Real Canadian Superstore and Your Independent Grocer stores across Ontario. For every bunch or pot of the flowers sold, \$2 will be donated to the Canadian Cancer Society.

2. WEAR A DAFFODIL PIN

Proudly show your support for those living with cancer by purchasing and wearing the symbolic pin. Wearing the daffodil pin shows the world that you stand in solidarity with people living with cancer. Pins will be sold by volunteers from March 31 to April 3 and April 7 to 10 and are also available at retail partners such as the LGBD.

3. PARTICIPATE

This April, workplaces across the province are painting themselves yellow to fundraise in support of Daffodil Month by hosting bake sales, dress-yellow days or desk-decorating contests. To learn more or register your workplace, visit cancer.ca/yellow.



PLANNING A BRIGHTER FUTURE

Advances in treatment are changing lives for people affected by cancer.

Canada's population is growing — and people are living longer. These two factors are expected to drive a 40 per cent jump in the number of cancer cases in the country by 2030.

As Canada's largest national cancer charity, the Canadian Cancer Society is working hard to ensure it can meet the forecasted surge in demand for the vital support programs it provides to patients and their families, while also continuing to invest in the best cancer research.

"Supporting Daffodil Month has never been more urgent," says Dr. Katie Wright, senior manager of Research Communications for the Canadian Cancer Society in

Ontario. "In buying a daffodil pin, you will be saving lives and helping people who are living with cancer now and in the future."

Continued advances in treatment have helped survival rates increase significantly, to more than 60 per cent today compared with 25 per cent in the 1940s. Yet two in five Canadians will face a cancer diagnosis in their lifetime. Cancer is not a single disease: It is actually more than 200 different diseases.

Thanks to the generous support of donors, the Canadian Cancer Society is the leading charitable funder of research into most types of cancer, in-

cluding common cancers such as lung and colorectal and rarer forms such as pediatric and pancreatic.

The charity also funds clinical trials that test new ways to prevent, diagnose and treat cancer at more than 80 hospitals across the country. There are Canadian Cancer Society-supported clinical trials at every regional cancer centre in Ontario. These trials look at things like testing new and existing drugs in different forms of cancer, testing new combinations of existing drugs, and testing different doses and schedules of radiation therapy. They also test strategies to prevent cancer or the recurrence of cancer, and ways to improve quality of life of patients.



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Canadian
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14 Wednesday, March 30, 2016

World **metro** NEWS

TERROR

No more 'normal' in Brussels

Belgium's justice minister pleaded Tuesday for critics of Belgium's intelligence failures to focus on the hunt for those behind last week's Brussels attacks and November's massacre in Paris.

Investigators say they are still looking for at least one suspect in the attacks seven days ago, when suicide bombers killed 32 people at Brussels' airport and in a subway station near the European Union headquarters. Three suicide bombers also blew themselves up.

The Health Ministry and victims identification officials said 90 people remain in hospital, a third of them suffering from severe burns. In a joint press conference they said the 32 dead include 17 Belgians and 15 foreigners, while 44 of the wounded are foreigners from 20 nations.

Belgium has faced rising international criticism over its evident inability to identify and monitor Daesh activists living in the capital who have been deemed responsible both for the March 22 bombings in Brussels and the Nov. 13 attacks on Paris nightspots that left 130 dead.

Brussels Mayor Yvan Mayeur, who faces criticism for his own actions before and after the suicide bombings, said there is "no such thing as 'normal' anymore." THE ASSOCIATED PRESS



Policemen and soldiers at the entrance to Brussels' airport. AP/GETTY IMAGES

Hijacking of EgyptAir flight ended peacefully

SECURITY

'Unstable' man wearing fake explosives

An Egyptian wearing a fake explosives belt who hijacked a domestic EgyptAir flight and forced it to land in Cyprus on Tuesday surrendered and was taken into custody after releasing all passengers and crew unharmed following an hours-long standoff.

Officials said early on that the hijacking was not an act of terrorism, and later that the man appeared to be psychologically

unstable. However, the incident was likely to renew concerns about Egyptian airport security months after a Russian passenger plane was downed over the Sinai Peninsula in a bombing claimed by Daesh.

"From the start, it was clear that this wasn't an act of terrorism, and despite the fact that the individual appeared to be dangerous in terms of his behaviour, we understood that this was a psychologically unstable person," Cyprus' Foreign Minister Ioannis Kasoulides told reporters.

He said the man initially asked to speak with his Cypriot



A passenger leaves a hijacked EgyptAir aircraft after landing at Larnaca Airport in Cyprus on March 29, 2016. THE ASSOCIATED PRESS

ex-wife, who police brought to the airport.

"After that, he started asking for European Union representa-

tives to assure him about matters that had no logical basis," Kasoulides said.

At one point the hijacker de-

manded the release of women held in Egyptian prisons, but he then dropped the demand and made others. "His demands made no sense or were too incoherent to be taken seriously," the minister said, adding that the contents of a letter the hijacker wanted to give to his ex-wife "were also incoherent."

Egypt's Interior Ministry identified the hijacker as 58-year-old Seif Eddin Mustafa. It said he has a long criminal record, with charges including forgery, theft and drug possession. He had also served time in prison, it said.

THE ASSOCIATED PRESS



MIGRANTS TENSIONS HIGH AT GREEK BORDER AS PROTESTS CONTINUE

Migrant children look from inside a rail car at a train station near a makeshift refugee camp at the northern Greek border point of Idomeni, Greece on March 29, 2016. More than 15,000 people — nearly a third of the total stranded in Greece — are refusing to move to government-built shelters around the country, and remain at the border with Macedonia and at the port of Piraeus, near Athens.

Meanwhile, police have clashed with hundreds of migrants and refugees.

The protesters have blocked freight rail tracks for the past eight days, demanding that the border reopen. Macedonia says the border will remain closed to all migrants at least until the end of the year.

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A tutor helps a student at Lighthouse Labs in Toronto.
CHRIS YOUNG/THE CANADIAN PRESS

EMPLOYMENT

Liberal budget fails to help jobless youth

A notable Liberal election pledge designed to encourage employers to hire young people failed to make the cut in last week's federal budget.

Prime Minister Justin Trudeau vowed during last year's campaign to offer a 12-month holiday on employment insurance premiums to employers who give permanent jobs to people aged 18-24.

The promise, announced in September by Trudeau himself, was supposed to come

into force this year and extend through 2017 and 2018, but it didn't receive a mention in the budget.

During the campaign, Trudeau noted that the Chr tien Liberals did something similar in the late 1990s "to tremendously positive effect."

Last month, the country's unemployment rate for youth aged 15 to 24 was 13.3 per cent, compared to 7.3 per cent for people 15 and over.

The pledge would have also

provided financial relief for potential bosses by waiving their EI contributions.

The Liberals estimated the total savings for employers would have been \$80 million this year, \$80 million in 2017 and \$60 million in 2018.

Government officials did not immediately respond to questions Tuesday as to why the policy was absent from the budget or whether it will be introduced in the future.

THE CANADIAN PRESS



Justin Trudeau discusses the budget in Toronto on March 24.
PETER POWER/THE CANADIAN PRESS

Struggle to find skills

TECH

Wanted: Web developers and coders

Three years ago, Erik Dohnberg was working at the Genius Bar at an Apple store in London, Ont.

He'd been there for 10 months after graduating with an information and media studies degree from Western University when he decided he wanted more.

With the intention of starting up his own business, Dohnberg signed up for a nine-week boot camp at Bitmaker Labs, a web developer training school in Toronto.

Within two weeks of completing the boot camp, Dohnberg had 16 job interviews and received two job offers. One of them was from Bitmaker Labs.

Tech skills programs like the ones at Bitmaker Labs have been sprouting up over the past few years in response to a tech tal-

ent shortage in Canada. It's a problem that has been bubbling to the surface, as more startups open up shop and try to recruit from an already-small pool of Canadian coders and developers.

A report released earlier this month by the Information and Communications Technology Council estimates that 218,000 tech jobs will be created in Canada by 2020. It warns that it could cost the economy billions of dollars in lost productivity, tax revenues and GDP if Canada doesn't address the tech skills gap.

At Bitmaker, courses range from weekend boot camps to an intensive nine-week course for \$9,000. The school believes anyone can learn how to code and its students include everyone from college and university dropouts to ex-engineers, investment bankers and skilled labourers. Bitmaker has also enrolled computer engineer and science graduates looking to update their skills.

THE CANADIAN PRESS

HIRING

Talent shortage means university not required

Before Hired launched in Toronto last November, nearly 27,000 people and more than 280 companies applied for the online service that matches job seekers with gigs in the tech sector.

About five per cent of applicants are approved to use Hired's services, and it usually charges firms 15 per cent of a new employee's first-year salary for each successful hire.

To Matt Mickiewicz, the company's co-founder and chief product officer, the high

interest signals a problem — the jobs are there, but there are too few qualified candidates to fill them.

Canada's tech companies are in stiff competition for retaining top prospects. Organizations are struggling to find qualified applicants.

One of the top challenges for many is attracting and recruiting employees, according to an ICTC survey where more than 53 per cent of respondents identified it as a problem.

THE CANADIAN PRESS

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URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION
My date had a poppy seed
in her teeth during breakfast,
but I didn't say anything in case
I embarrassed her. Should I have
said something?

Dear Ellen,
 I was on a date recently, with a woman I met online. Actually it was the morning after, and it was breakfast. She had a poppy seed from a bagel stuck in her teeth, which was really noticeable, but I didn't say anything in case I embarrassed her. Then I thought, if she notices it in the mirror later, she'll be embarrassed anyway. Should I have said something?

R.D., Edmonton

Dear R.D.,
 Your letter, like so many letters I get, raises all kinds of questions that may or may not have to do with etiquette — but which are fascinating nonetheless.

For example, you say you were on a "date," but I think we may fairly assume you had a night of sex that led to a "morning after." To some people, that might qualify as a relationship already. Others might call it a one-night stand. Your use of the rather quaint word "date" puts the encounter somewhere between the two.

You also fail to indicate whether it was a first date, or the 20th time you've been out with this person, and — if closer to the latter — at what point sexual congress began.

Finally, you specify that you "met online." It makes me wonder whether you approach online dates differently from IRL setups. Should

You should always say something when your companion has food in their teeth. ... The trick is to do it quickly and jovially.

one? Hmm, if the dates are being arranged via Ashley Madison or a BDSM site, then perhaps one should.

What exactly is your relationship with this person? It's all very confusing.

Not the etiquette part. That's easy. The answer is yes, you should always say something when your companion has food in their teeth, or something hanging out of their nose, or their shirt buttons are gaping open to expose a brassiere, or they have a wire coat hanger dangling off the belt of their jacket, which I once had to point out to a roommate as she raced off to a job interview. I noticed the hanger as she ran out the door, and called out to her: "Stop! Come back!" This made her

miss her bus, be late for the interview, and not get the job, which she still blames me for. But I maintain that if she showed up with the hanger on her belt, she wouldn't have got the job anyway.

Are there any exceptions to this rule? Yes, if you meet the Queen of England and she has food in her teeth, you may safely assume she has enough advisors around her to deal with the situation, and save yourself the trouble and discomfort of pointing it out. The same goes with dictators, muggers or your boss during a performance review. Whilst at the mercy of someone who has the power to end your life or career, it is acceptable to put your own social com-

Maybe if I lick her teeth vigorously...



He loves

me!!

@Ani Castillo

metroview

Rob Ford's dismal LGBT record needs to be remembered



Rob Salerno
 For Metro

It's not surprising that in the wake of Rob Ford's death, commentators from all corners are rushing to forgive or explain away the former mayor's many personal failings.

But while pundits have occasionally contorted themselves into logical pretzels to explain away Ford's casual racism and misogyny — "He was just drunk!" "He always fights for the little guy!" — none has ever been able to explain away his deliberate and calculated anti-LGBT statements and actions.

Ford never hid anti-LGBT animus. From his earliest days on council, when he opposed funding small grants to diversity and AIDS-prevention campaigns, he made it explicit that his opposition stemmed from disgust with LGBT people, not from a desire to protect the public purse.

"I have no problem giving money out to physically or mentally handicapped children or seniors, but spending \$5,000 on this video is disgusting," Ford said of an educational video about homosexuality in the South Asian community in 2001.

"If you're not doing needles and you're not gay, you won't get AIDS, probably," is another Ford classic that reveals not only shocking ignorance about AIDS, but a cavalier attitude toward the lives of gays and (ironically) drug users.

As mayor, Ford's opposi-

tion to the existence of LGBT people in the city intensified. The dispiriting annual game of will-he-or-won't-he-march-in-Pride provided his allies with a convenient set of excuses — it was about the city money given to Pride, and besides, he was spending time with his family — but through four years in office, he systematically avoided any opportunity to meet with the LGBT community in an official capacity.

When the city protocol office decided to raise the Pride flag at city hall during the 2014 Sochi Olympics to support LGBT Russians and athletes, Ford protested loudly and demanded it come down. Later that year, he made it a point to remain seated as council stood to congratulate the success of World Pride.

Beyond these symbolic gestures, Ford cast the lone vote on council against a report that recommended increased supports for homeless LGBT youth.

Ford's homophobia wasn't just a private matter, either. His "Nation" included a contingent of homophobes who ate up his provocations and responded with occasional violence toward LGBT people.

While the community stood firm and fought back, Ford's campaign to diminish the lives and dignity of LGBT people in Toronto should not be forgotten.

Rob Salerno is a gay journalist and activist who has written for Daily Xtra, NOW and Vice, among other outlets.

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Juno menu hits all the right notes

Bass is Base Juno-award winning artist Roger Mooking is the first celebrity chef to curate the food for the 2016 Juno Gala Dinner & Awards with his exclusive three-course meal for Canada's music elite. Mooking's multicultural influences are reflected in the appetizer shared here **RECIPES COURTESY ROGER MOOKING**

STEP ONE

Spiced croutes

Yield: 4 servings

- Sidewalk Citizen Staple sourdough loaf
- 1/2 tsp ground cumin
- 1/2 tsp garlic powder
- 1/4 tsp sweet paprika
- 1/4 tsp ground black pepper
- 1/4 tsp sea salt
- 1 1/2 Tbsp extra virgin olive oil

Preheat oven to 350F. Slice sourdough loaf widthwise into 1/2-inch thick slices. Mix all ingredients together and using a pastry brush, distribute mixture on 4 slices of sourdough. Toast bread in oven 6 minutes. Let cool on baking tray.

STEP TWO

Slow roasted Sunset Campari tomatoes

Preheat oven to 350F. Toss whole Sunset Campari tomatoes gently with olive oil, salt and pepper. Bake in oven for 16 minutes. Cool on baking tray until room temperature. Store gently until service as they are meant to be blistered but intact for service.



Chef Roger Mooking.

ALL PHOTOS BY NIKOLAI CUTHILL

STEP THREE

Roasted garlic

- 12 garlic cloves, peeled
- olive oil
- salt and pepper
- 1/2 tsp water

Preheat oven to 350F. Toss garlic cloves with olive oil, salt, pepper and water. Place garlic cloves on prepared baking sheet and cover tightly with aluminium foil. Bake for 45 minutes or until cloves are tender. Let cool on baking tray.

STEP FOUR

Nuh Gana dressing

Yield: 6-8 servings

- 1 red sweet pepper, roasted, peeled and de-seeded
- 8 cloves of roasted garlic
- 2 Tbsp extra virgin olive oil
- 1 Tbsp white wine vinegar

Combine all ingredients in a high speed blender and puree until smooth.

STEP FIVE

Salad mix Yield: 2 servings

- 2 cups Loosely Packed Baby Kale
- 2 cups Loosely Packed Baby Arugula
- 1/2 cup Torn Fresh Basil Leaves
- 2 cups Torn Boston Bib Lettuce

Gently toss ingredients together to combine.



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Feeling lonely? Rent a friend

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Meet the people who get paid to hang out as pals

Ryan Porter
Torstar News Service



In '80s teen movies, when someone pays for friendship, they're usually about to learn a valuable lesson about how priceless true friendship really is. Priceless, as in free, as in the same price of a Can't Buy Me Love VHS.

So I had steeled myself for a karmic comeuppance when I first met Cassandra Lemon, a 22-year-old social-work student, kitchen staff member at iQ Food Co. and professional friend-for-hire.

This was in spite of encouraging early evidence. Lemon had cheerfully embraced the idea of attending a showcase of breaking bands at the Painted

Lady, a bar on Ossington Ave., earlier this month when I contacted her through RentaFriend.com. The site arranges platonic hangouts at an hourly rate, plus a \$24.95 U.S. monthly membership fee.

Though she usually asks for \$20 to \$25 an hour, Lemon happily agreed to accept \$10 an hour in exchange for a free night out. Arriving 10 minutes early, dressed in a simple black T-shirt, smoky-eye makeup beneath her glasses and a necklace strung with the symbol from video game Assassin's Creed, Lemon nodded along as I made conversation, fixing me with a sympathetic, unblinking gaze.

This was the 15th or 16th time she had met someone through Rent-A-Friend since joining four years ago, and the results had been drastically mixed. She describes one man she met for a drink as "too angry" — she politely excused herself early in the evening.

Another, in town for a meeting, invited her to the theatrical horsemanship showcase Cavalia. He got lost along the

way and, frustrated that her phone was too old to receive photos of the surrounding landmarks, took her straight to the Apple Store and bought her an iPhone.

"I was really uncomfortable," she says. "I was incredibly grateful the whole day, like, thank you so much!"

Another guy asked her to accompany him to a wedding. "He didn't want any more. 'Why aren't you seeing anybody?'" she says. At the last minute, he cancelled.

Before meeting anyone, she sets ground rules to ensure it's understood just what kind of friend-for-hire she is.

"I'm not OK with hand holding," she says. "I'm OK with sitting next to you. We'll see, maybe a hug at the end. . . . For me, I'm not even going to get in your car."

Despite RentaFriend.com's goal of connecting people with friends, finding Lemon wasn't easy; of the 14 professionally social people I contacted, only half responded and most shirked press coverage of their side gig.



Cassandra Lemon, 22, was connected with Toronto Star reporter Ryan Porter through the site RentaFriend.com. He paid her \$10 per hour to hang out at the Painted Lady bar in Toronto.

J.P. MOCZULSKI/TORSTAR NEWS SERVICE

The people we reached include Parker, a 25-year-old filmmaker who joined the site last year as research for a screenplay, though he was never "rented." On the other end of the spectrum: Natasha, whose fee was "100/hr, with a 300 minimum."

I chatted with Rina Czerniawska, a 42-year-old waitress who has been on the site for six weeks. She'd gone out once, to see a horror movie with a guy whose friends don't follow the genre. "You get to meet people," she says, a shrug in her voice. "If I have nothing to do and I'm

bored at home, why not, right? It gets me out of the house."

While Czerniawska is up for new experiences, she turned down a request from a woman who wanted her to meet at Ossington Station every morning at 8:15 a.m. to make sure she made it to work. It's the only story I heard about a woman trying to rent a friend. Lemon says all of her messages have been from men.

Ironically, Lemon has been using some of that extra Rent-A-Friend income to go out alone: she's gone to see arena acts such as Taylor Swift, Ed Sheeran and

Ariana Grande solo.

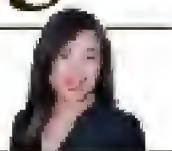
We pause to listen to Color Film, an indie-rock guitarist from Hamilton. I worry that Lemon can't see. I worry that the noise is overpowering the music for her the way it is for me. I worry about if she is having fun.

Though Lemon is nothing but upbeat about the experience, if there's any moral to the Rent-A-Friend story, I decide, it's this: If I'm going to make anyone suffer through an unknown rock band, I would rather it be with someone who I'm already comfortable not having fun with.

FASHION

I'm a grown woman, and I went bananas over a handbag

Irene Kuan
Metro | Canada



I'm a level-headed, mature woman, but for a few minutes on the morning of March 29, I turned into a hyper-crazed, foaming-at-the-mouth maniac — for a handbag.

Touted as the bag to have by the international fashion gods, the black bucket bag with the red "flamma" interior by the little-known, yet notoriously

hard-to-get brand Mansur Gavriel, has been on my must-have list for more than a year. I've never managed to snag one, though, and I seethe with jealousy whenever I see a woman carrying one.

Mansur Gavriel, an American fashion house founded by designing duo Rachel Mansur and Florian Gavriel, came to the attention of the media in 2013, and has continued to make a bigger splash on the fashion scene with each new collection, including at the latest New York

fashion week in February.

Called the first post-recession "it" bag by Business of Fashion in early 2015, Mansur Gavriel's bucket bag has reached such cult status that the company headed to court earlier this month to fight back against copycats.

I needed this bag. I didn't care about the cost, or my composure. I was obsessed.

I counted down the minutes to 11 a.m. EST, PayPal account logged in and credit cards in hand. I had my boyfriend and a friend on standby in case any-

thing went wrong (if you've tried buying a Mansur Gavriel online in the past, you'll know what I'm talking about).

Everything went wrong. My black bucket bag was in the shopping cart, but my credit card was declined over and over again. Seconds ticked by as the "sold out" slash marks began appearing over each sought-after bag.

My heart began to sink, but then my friend texted. She got one! Then my boyfriend — he got one too!

So now I have not just one but TWO Mansur Gavriel bags. Price tag for both: \$1,250 U.S.

Had I gone bananas?

Maybe I fell for the genius way the fashion brand marketed their product, playing up the small-batch, high-quality



production of the Italian-made bags, teasing us for weeks with the tiny, online sales window.

But then I looked at Mansur Gavriel's Facebook page, as it filled up with angry comments from throngs of disappointed shoppers.

See, it is THAT hard to get, I thought. And I got not one, but TWO. Score.

Metro's Irene Kuan scored not one, but two coveted Mansur Gavriel bags. HANDOUT

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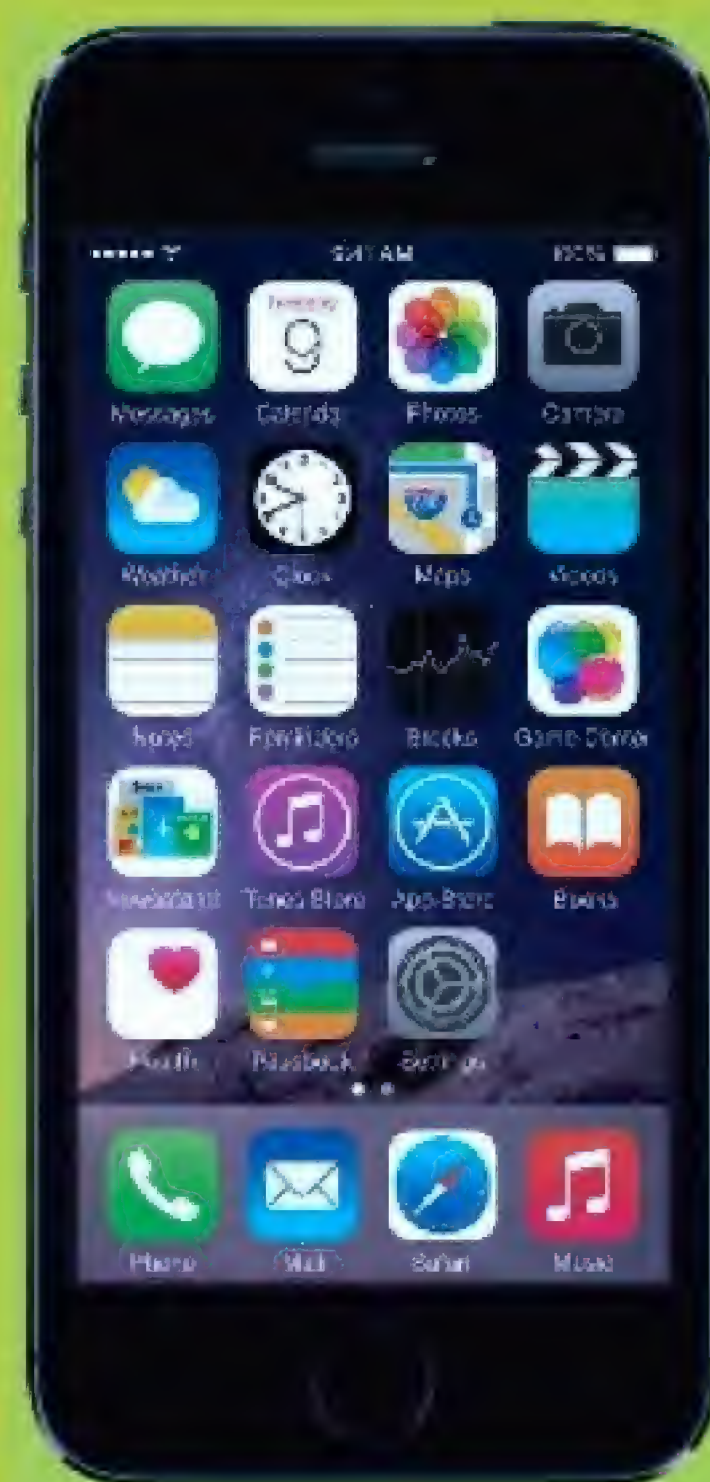
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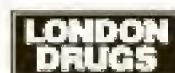


Apple iPhone 5 [S]

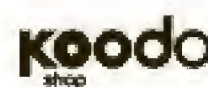
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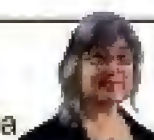
Imperfect — but maybe perfect for you



REVIEW

Rogue great for cruising, but acceleration is sluggish

Jil McIntosh
For Metro Canada



When you're shopping, there is no perfect vehicle. Instead, it comes down to measuring the pros and cons — what you love, what you don't, and what you can live with — to come up with the right one.

That's what I did with the Nissan Rogue. There are some things it could certainly do better, but overall, I could live with this little trucklet.

It was completely redesigned back in 2014, a makeover that solved its interior-space inadequacies, especially the cramped rear seat.

It's now quite roomy inside despite its compact exterior dimensions.

You can even get a third row of seats, although I've never tried squeezing into one and don't imagine it would be pleasant.

My two-row version included a configurable cargo tray that can be lifted to hide valuables, dropped to accommodate taller items, or flipped up to keep gro-

cery bags from sliding around. The Rogue uses a 2.5-litre four-cylinder, mated strictly to an automatic continuously-variable transmission (CVT).

Its performance is fine once you're at cruising speed, but acceleration to get there is noisy and sluggish.

The ride is quiet and smooth, but I'd like more steering feel. All-wheel drive, optional on the two lower trim levels and standard on the top-line SL, primarily runs the front wheels but sends power to the rear ones when needed.

It can also be locked 50/50 at low speeds to get out of snow or mud.

There's a wide step over the sill. Once you're inside, the seats are very comfortable. And

I love this: the seatbelt adjuster slides down farther than on anything else I've ever driven, so it doesn't choke shorter drivers.

The Rogue's starting price of \$24,948 puts it mid-range with most competi-

tors. My tester was the new SV Special trim, a version of the mid-range SV but \$1,000 less since it lacks the SV's panoramic sunroof — a nice alternative if, like me, you want creature comforts but don't care for a glass top.

It's all part of choosing the vehicle that isn't perfect, but is ideal for you.

THE CHECKLIST 2016 NISSAN ROGUE

THE BASICS

Type. Four-door, five-passenger compact SUV
Engines (hp/torque). 2.5-litre four-cylinder (170/175)

Transmissions. Continuously variable (CVT)
Price. \$24,948 - \$35,548; as-tested \$29,548 (plus destination)

COOL FEATURES

- Configurable cargo compartment
- Sliding and reclining second-row seats
- Satellite radio
- Available blind spot warning and emergency braking
- Easy-Fill tire pressure system
- Hill start assist
- Available power liftgate



ROGUE PHOTOS JIL MCINTOSH/FOR METRO; ALL OTHERS HANDOUT

POINTS

- The rear-view camera has a limited view and is mainly for judging curbs when parking; the bird's-eye camera on higher trims is far superior.
- The Rogue has been in the top-ten list of best-selling SUVs and light trucks in Canada for 19 consecutive months.

MARKET POSITION

Nissan offers the Rogue and Juke in the compact SUV/ CUV segment. The Juke's more fun to drive, but it's smaller and its styling isn't to all tastes, leaving the Rogue to appeal to a more mainstream audience.

THE COMPETITION



Ford Escape
Base price: \$24,199



Toyota RAV4
Base price: \$25,240



Honda CR-V
Base price: \$26,190

3 STANDOUT CARS THAT TURNED HEADS IN NEW YORK

Some stunning new vehicles have been presented at this year's New York International Auto Show, which runs until April 3. Here are three to watch. **AFP**

1 Chevrolet Camaro ZL1

General Motors unveiled the Chevrolet Camaro ZL1, which comes with a 640hp V8 engine and a choice of six-speed manual or 10-speed automatic gearboxes. Surprisingly, the American carmaker hasn't yet announced performances for this car, which is due to land before the end of 2016. A convertible version, also presented at the New York event, should be available in early 2017.



2 Toyota Prius Prime

A rechargeable version of the Toyota Prius was presented in a worldwide premiere at the New York show. This doubles battery life in fully electric mode (over 50 km), for average fuel consumption of just 1.4l/100km and CO2 emissions at 32g/km. It also has an original solar charging system on the roof. The rechargeable Prius is scheduled to launch towards the end of 2016.



3 Subaru Impreza

The new version of this Japanese hatchback debuts the Subaru Global Platform architecture, increasing rigidity throughout the body and chassis by 70 per cent, according to the manufacturer. The first models are expected to land in North America by the end of the year.



The Arena at TD Place to host June 18 UFC event

MMA

6 Canadians to join MacDonald on Ottawa card

The UFC has added six Canadian fighters to its June card at The Arena at TD Place in Ottawa.

The MMA organization had previously announced the card's main event — No. 1 welterweight contender Rory (Red King) MacDonald against No. 2 Stephen (Wonderboy) Thompson — but the venue was not made public until Tuesday. The UFC also unveiled eight more fights on the card.

Montreal-based MacDonald (18-3-0) is coming off a UFC 189 loss to 170-pound champion (Ruthless) Robbie Lawler while Thompson (12-1) stopped former welterweight title-holder Johnny (Bigg Rigg) Hendricks last time out.

Also on the Ottawa show, Montreal welterweight Patrick (The Predator) Cote takes on American Donald (Cowboy) Cerrone. Ranked No. 9 at 155 pounds, Cerrone (29-7-0 with one no contest) won his welterweight debut in February when he stopped Alex Oliveira. Cote (23-9-0) has won his last three fights and is 5-1 since dropping to welterweight three years ago.

In choosing The Arena at TD Place, the UFC opted for the smaller of the two main arenas in Ottawa. The televised card



Canada's Rory MacDonald will fight Stephen Thompson on June 18 at The Arena at TD Place.

DEREK LEUNG/GETTY IMAGES

will be held at the 10,000-seat home of the OHL Ottawa 67's rather than the larger Canadian Tire Centre where the Senators play.

Tom Wright, the UFC's

executive vice-president and general manager for Australia, New Zealand and Canada, said the smaller venue was chosen because its location allowed for "fan experience" and other

events prior to the show.

Venue size was not a major factor, he said, adding that the Canadian Tire Centre capacity would be reduced to 16,000 or less due to the fight-night setup.

+ OTHER FIGHTS

- Former minor-league hockey enforcer Steve Bosse (11-2-0) of St-Jean Sur Richelieu, Que., meets American middleweight Sean O'Connell (17-7-0).
- Toronto's Elias (The Spartan) Theodorou (11-1-0) takes on American middleweight Sam Alvey (25-7-0 with one no contest).
- Charlottetown's Jason Saggo (11-2-0) tackles Brazil lightweight Leandro Silva (19-2-1 with one no contest).
- Toronto light-heavyweight Misha Cirkunov (11-2-0) looks for his third win in the UFC when he faces Moldovan newcomer Ion Cutelaba (11-1-0).
- Montreal lightweight Olivier Aubin-Mercier (8-2-0) fights France's Thibault Gouti (11-1-0).
- American middleweight Tardian McCrory (14-3-0) faces Poland's Krzysztof Jotko (17-1-0).
- Montreal-based Dominican welterweight Alex Garcia (13-3-0) meets American Colby Covington (8-1-0).

Ottawa becomes the ninth Canadian city to host a UFC show, joining Calgary, Halifax, Montreal, Quebec City, Saskatoon, Toronto, Vancouver and Winnipeg.

THE CANADIAN PRESS

FIGURE SKATING

Nguyen going to worlds

When Nam Nguyen was told to report to coach Brian Orser's office at the Toronto Cricket Club a couple of weeks ago, his first thought was that he was in trouble.

"I was panicking," Nguyen said. Instead, Orser and Mike Slipchuk, Skate Canada's high performance director, had called him in to tell him he'd been added to the team for this week's world figure skating championships.

Liam Firus, a 23-year-old from North Vancouver, had withdrawn from the squad so Nguyen could compete, an unselfish move that he explained was "vital for our team."

The world championships in Boston determine how many skaters — between one and three — a country can enter in each discipline at next year's event, which in turn determines how many can compete at the 2018 Olympics.

Nguyen, a 17-year-old from Toronto, has had a rough season as he continues to adjust to his growing body. But he's had better international results than Firus, including a fifth-place finish at last year's world championships.

"(Firus) messaged me a few days ago, wishing me luck and enjoy the experience," Nguyen said. "When I heard I was going to worlds, I messaged him later that night to say thank you, best of luck... in the rest of your training and to get ready for next season."

Nguyen, who won the world junior title in 2014, finished fourth with an uncharacteristically rocky performance at the Canadian championships in January. As the defending champion in a field that once again featured Patrick Chan — back after a season's hiatus — Nguyen was feeling the pressure.

THE CANADIAN PRESS



Nam Nguyen GETTY IMAGES

CONCUSSIONS

NHL documents show leadership's concern

Unsealed NHL documents in the concussion lawsuit brought by former players reveal an internal debate by league officials over head injuries and a deeper concern about the impact of fighting than what has been publicly shared by NHL leadership.

Spokesman Frank Brown said Tuesday the league's stance has not changed from Commissioner Gary Bettman's comments during the All-Star game weekend. Bettman said

then that the release of the "out of context" documents would be "a distraction at best" and "not impact the merits of the case."

The material was obtained by The Associated Press from counsel for the plaintiffs and was first reported by Canadian sports network TSN.

More than 100 former NHL players have joined the class action against the league over its handling of concussions.

THE ASSOCIATED PRESS

UFC

Jon Jones held in jail

Former UFC light-heavyweight champion Jon "Bones" Jones, who trains in Albuquerque, has been booked into the county jail for a probation violation stemming from traffic citations he received last week.

Jail records show he was being held Tuesday without bond. It was unclear when he will appear before a judge. Jones is scheduled to fight Daniel Cormier at the end of April in a light-heavyweight title fight.

THE ASSOCIATED PRESS

CFL

Jon Gott signs deal with Redblacks

Offensive lineman Jon Gott signed a two-year contract extension with the Ottawa Redblacks on Tuesday.

The deal takes Gott through the 2018 season.

Gott, 30, helped Ottawa reach the Grey Cup last year. The Redblacks acquired the bearded lineman from the Calgary Stampeders for the rights to offensive lineman Marwan Hage and the first overall pick in the 2014 CFL draft.

"Jon has been the anchor of

our offensive line from Day 1," Ottawa general manager Marcel Desjardins said in a statement.

"His contributions to the Redblacks both on and off the field have been tremendous and to be able to secure his services through the 2018 season is great news for our team and our city."

Gott, an Edmonton native, said it was an easy decision to re-sign in Ottawa.

THE CANADIAN PRESS

RECIPE Spaghetti with Pancetta and Spinach



PHOTO: MAIA VISNENI

Ceri Marsh & Laura Keogh
For Metro Canada

You already know pasta is an easy way to tackle dinner but this dish is not only fast but it's packed with flavor. Thank you, pancetta.

Ready in
Prep time: 10 minutes
Cook time: 15 minutes

Ingredients
• 250 g spaghetti
• 1/3 cup oil, divided
• 1 clove garlic
• 1/2 cup diced pancetta
• 5 oz. fresh spinach
• 1 cup fresh shaved asiago cheese

Directions
1. Bring a pot of heavily salted

water (it should taste like the ocean) to boil and add pasta; cook according to package directions.

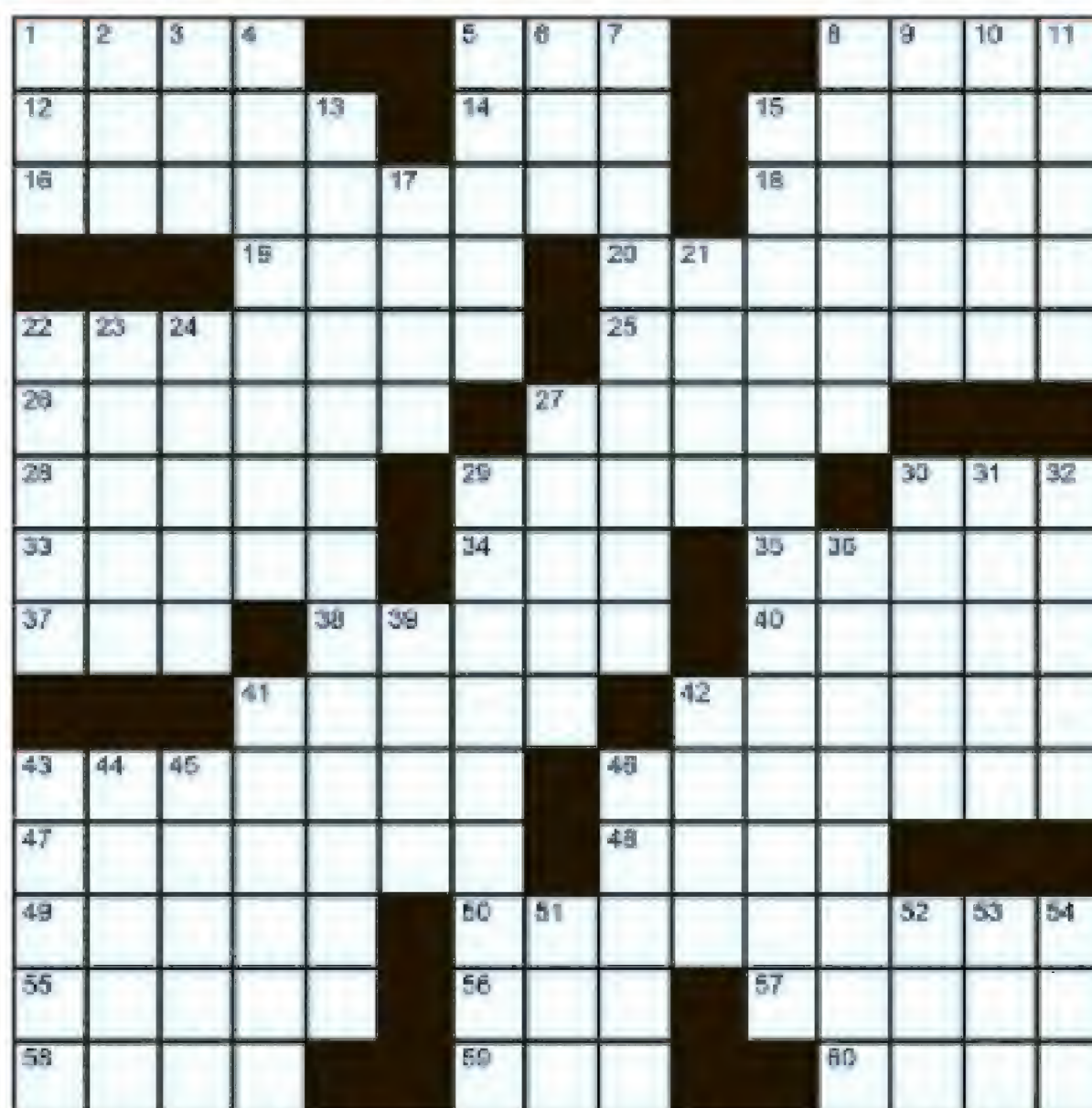
2. Heat a large skillet over medium heat and then add a tablespoon of oil. Add garlic and cook for about 1 minute, until fragrant. Add pancetta and cook until browned. Adjust the heat to low and then stir in the spinach and allow it to wilt.

3. Once pasta is done, add to the pan with spinach along with the remaining oil and stir. Sprinkle pasta with asiago cheese. Remove pasta from heat and serve.

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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Mr. Clayton of U2
5. City ride
8. Legally fair
12. Canadian eyewear chain, _ Optical
14. Cuckoo bird
15. Del _ (Canned fruit brand)
16. Tilted up against: 2 wds.
18. Variety of flower
19. Nylons nuisance
20. Store employee at the counter
22. Married Canadian hosts of #15-Down, _ and Dave Wilson
25. Miss Havisham's ward
26. Islands of Portugal
27. French _ (Fast food order)
28. Don Juan types
29. Cloudiness of vision
30. "Star Trek: Voyager" role
33. English speaker, for short
34. Quebec flag symbol, Fleur-de-
35. Untresh, as bread
37. Golfing prop
38. Contaminate
40. Western movie
41. Blue Rodeo's " _ Hit Me Yet"
42. "The _" (Steve Carell series)
43. Scattered
46. Seats for Miss

Muffet
47. Muse of comedy in Greek myth, and her namesakes
48. Strait of Belle _
49. Comic actress Ms. Wilson
50. Divide, as with a wall

55. Have _ _ of one's own
56. Be in debt
57. Fried foods coating, perhaps
58. " _ Dinah" by Frankie Avalon
59. Writer Mr. Lawrence, et al.
60. Skim

DOWN
1. Hamilton Bulldogs org.
2. Actor, Daniel _ Kim
3. Alias, e.g.
4. Troubadour
5. Loose fitting
6. One, in Mexico
7. Most earnest

8. Teasingly jokes
9. Johnny Mathis hit bit: " _ the twelfth of never..."
10. Structural material
11. Earth
13. Team the Ottawa Senators

play at the Xcel Energy Center; 2 wds.
15. Nashville-set reno/realty show, on W Network and HGTV: 3 wds.
17. Refusals in Glasgow
21. Nepal's location
22. 18- _ gold
23. Earth's sky layer
24. "I Heard I Had" by Vancouver band Dear _
27. Fire-making aid
29. Changing traffic lanes concern
30. Ms. Couric
31. Turn a person into a politician
32. Parched periods
36. Prom dress materials
39. Drifting
41. Roch Vol-sine song
42. Air freshener brand
43. Priceless violin, for short
44. Subject
45. Fervent
46. Cars have four
51. Wonderment
52. "Monsters, _" (2001)
53. River to the Volga
54. Napierville negative

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Avoid intense discussions and encounters with bosses, parents, teachers and VIPs today. They could quickly disintegrate into a nasty argument!

Taurus April 21 - May 21
Research that you do today might yield something shocking. It could be a secret from the past. It also might relate to politics or religion. Be careful how you use this information.

Gemini May 22 - June 21
Discussions with a friend or a member of a group might turn into a power struggle today. Don't try to force your opinions on anyone else, and don't let anyone do this to you.

Cancer June 22 - July 23
This is a poor day to talk to authority figures, because you probably are obsessed with an idea. You're like a dog with a bone. This will not go over too well. Wait for another day.

Leo July 24 - Aug. 23
Avoid controversial subjects, because you will end up arguing about politics, religion or racial issues. People are intense and obsessed today!

Virgo Aug. 24 - Sept. 23
Quarrels about shared property, inheritances, taxes, debt and jointly held possessions might come to a head today. However, this is a poor day for these discussions. Ya think?

Libra Sept. 24 - Oct. 23
Avoid quarrels with partners and close friends today. Either you or someone else won't let go of an idea, which is the source of the problem.

Scorpio Oct. 24 - Nov. 22
You might have to fix broken equipment at work today. In doing so, avoid quarrels with co-workers who think they know better.

Sagittarius Nov. 23 - Dec. 21
Parents should be easygoing with kids today, because it's a quarrelsome day. Likewise, romantic partners might experience conflict. Just let it go. Lighten up.

Capricorn Dec. 22 - Jan. 20
Be tactful during family discussions today because people are obsessed about issues. Home repairs are one thing that seems to be on the table right now.

Aquarius Jan. 21 - Feb. 19
Do not try to coerce others to agree with you today. (Ironically, you won't get them to agree anyway.) Just keep things light, because relations with others are intense.

Pisces Feb. 20 - March 20
If shopping today, be careful! You might buy something regardless of whether you should do this or not. Avoid quarrels about money and possessions, as well.

CONCEPTIS SUDOKU by Dave Green

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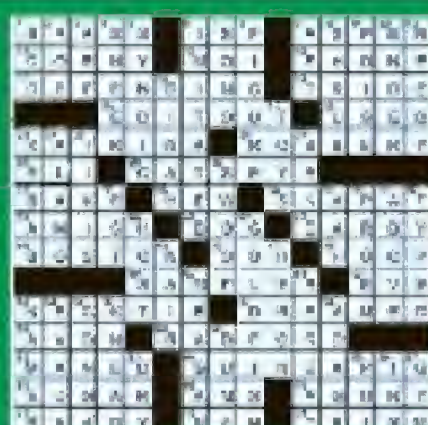


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Offer ends March 31, 2015. Available within network coverage areas available from Bell Mobility; see bell.ca/coverage. One-time connection charge (\$15) applies. 9-1-1 government monthly fee in NL: \$0.75, NS: \$0.43, PE: \$0.70, NB: \$0.53, AB: \$0.44, SK: \$0.62, QC: \$0.40. If you end your Commitment Period early, a Cancellation Fee applies; see your Agreement for details. Subject to change without notice, not combinable with other offers. Taxes extra. Other conditions apply. (1) With new activation (or hardware upgrade with an account in good standing) and a Plus plan before taxes. In AB, BC, NB, NL, NT, NS, NU, ON, PE, YT: \$35/mo. (\$60/mo. plan + \$25/mo. for 2.5 GB data). In SK: \$80/mo. (\$95/mo. plan + \$25/mo. for 4 GB data). In MB: \$65/mo. (\$45/mo. plan + \$20/mo. for 6 GB data). In QC: \$75/mo. (\$55/mo. plan + \$20/mo. for 4 GB data). Promotional pricing may apply; visit bell.ca/rateplans for details. The bill credit will be applied on the second or third invoice, before taxes. You must keep a min. 2.5 GB data plan during the 2-yr term, otherwise the \$100 bill credit will not be applied. Your account must be in good standing in order to receive the bill credit. (2) Roam Better is a pay-per-use feature and add-on to a Bell unlimited Share plan, within certain Bell's US/International roaming partners' coverage areas. Subject to change without notice, including coverage, rates and usage allowances. One-time opt-in required for the Feature and once you opt-in (required), a daily fee will be automatically applied for each calendar day you call, text or use data while roaming in a Roam Better destination. Premium texts (see bell.ca/premiumSMS) are not included and subject to additional charges. Calendar day for charging the daily fee is 00:00 to 23:59 Eastern Time (ET), regardless of time zone where you roam. Feature not compatible with Travel Pass. Other conditions apply; see bell.ca/roambetter. **US Roam:** For additional data you may top up for another 100 MB of data for \$5/day. Unlimited voice includes calls within the US and in Canada. Calls to all other countries are subject to international call charges. Unlimited texts include incoming and outgoing texts to US and Canadian mobile numbers. Texts sent to international mobile numbers are extra. **International Roam in eligible destinations:** For additional data, you may top up for another 100 MB of data for \$10/day. Unlimited voice includes calls within the destination country and to Canada. Additional charges apply in excluded destinations. Unlimited texts include incoming and outgoing texts to international destinations. Apple and iPhone are trademarks of Apple Inc.